

CHANGES TO LMSD PRESCRIPTION COVERAGE

Effective July 1, 2026, GLP1 coverage solely prescribed for weight loss will no longer be available under the Capital Rx prescription plan. GLP1s coverage for diabetes management and/or for treatment of authorized medical conditions will continue and is not impacted by this change.

Why is this happening?

This change is being made to bring the GLP1 classification into alignment with the medical necessity requirements of all drugs covered under the plan.

What does this mean for current utilizers of GLP1s for weight loss?

Current users prescribed GLP1 solely for weight loss will be extended coverage for an additional six (6) months through December 31, 2026.

What does this mean for current utilizers of GLP1s for diabetes management and/or a prior authorized medical condition?

If you are currently prescribed a GLP1 for diabetes management and/or treatment of an authorized medical condition, your coverage will not be impacted. Please note, the current renewal process for continued coverage is still required on an annual basis.

How will Capital Rx be communicating this change to impacted users?

Capital Rx will be notifying impacted users with detailed information during the month of August 2026. Communication will be a mix of US mail, phone, email, or text message based on your established preferences in the Capital Rx system and will do so under the Capital Rx name.

What can I do to prepare?

For impacted users, it is recommended you reach out to your medical provider and discuss alternative medications or treatments to be available for January 2027 loss of coverage.

What alternatives to GLP1s are available to employees?

- **Nutritional Counseling (Current)**
 - Currently, all district medical plans, through Independence Blue Cross, offer six (6) free one-on-one nutrition counseling sessions to all covered employees and eligible dependents. [Click Here for Nutritional Information](#)
- **Healthy Lifestyles Fitness Reimbursement (Current)**
 - All covered employees and eligible dependents can receive reimbursement for membership costs through an approved fitness center. [Click Here for Healthy Lifestyles Information](#)
- **Virta Nutrition Program (New for 7/1/2026)**
 - Effective July 1, 2026, the district will offer Virta, a personalized nutrition program that focuses on weight management and diabetes reversal/management. Virta will be available to all qualifying employees and eligible dependents at no cost. [Click Here for Virta Information](#)